

**Glendale Heights Center for Senior Citizens
Senior Citizens Advisory Committee Meeting**

**Wednesday August 26, 2020
Minutes**

PRESENT:

Debbie McKenzie
Leona Breede
Bimla Gupta
Lavonna Hawkins
Joan Kernan
Patty Pauling
Mary Schroeder
Joanne Soo
Joe Toma

Absent:

Karyn Hilborn
Pat Maritato

The meeting was called to order at 12:35pm by Debbie McKenzie. The minutes of the February 26, 2020 meeting were reviewed and accepted.

COVID -19 ISSUES and REQUIREMENTS

Debbie thanked the group for cancelling the meeting and changing the time due to COVID -19 pandemic. There must be a restriction on how many people are in the building and community room specifically. In the morning the DSCC workers are there every day.

The Village has extended all Senior Center members hips for 5 months due to the COVID 19 virus. Senior Center staff will check expiration dates for all members. Members will need to re register their memberships before registering for classes.

Debbie reviewed the Tenth Anniversary Party mailer and video and apologized for the delayed receipt of some of the mailers or to those who never did receive them. There are no plans for rescheduling the party that was planned for August .

COVID Screening has been done since July 30 for all those who enter the building including temperature taking and completion of a short attestation regarding exposure to the virus. Staff screens before any person is allowed to enter. This follows the Illinois Dept of Aging protocol for COVID screening.

To date 684 screenings have been done. Masks are required when entering and walking in the center and removed depending on the activity being done.

Debbie outlined requirements regarding the number of people allowed for salon, events, fitness center, etc. Since the center opened in late July:

- Fitness Center use is by appointment only for one hour time slots.
- Arts and crafts classes are filling up with a limit of 5 total enrollment. Classes will be added if the registrations fill up. There will be only one class or event per day.
- The Salon is open by appointment only with one client allowed in the salon with Jennifer at a time.
- Patty will have a Coffee and Conversation on September 3 on the patio. To date 5 people have signed up. She may hold it every other week.
- Transportation for members is done by the Village Administrative Car. Jeannine picks up members one at a time. All riders are screened and Jeannine does car sanitation after each ride. She has done about 4 a day for three days a week taking members to doctors' appointments, food stores, the salon, etc.
- SHIP volunteers are meeting by appointment face to face using social distancing ; however, some meetings have been by telephone. (Gaby has been certified for SHIP.)
- Preparations to begin programs again are being worked on for Walk a Mile and Forever Fit. They would both be held in the community room with the same leaders as before and limiting the group to ten people maximum per class using specific 4 foot spots ten feet apart from each other.
- Walk a Mile will be started first and begin October 6 on Tuesdays from 9:30am to 10:15am. A monthly lottery will be used to determine the 10 participants, excluding the members who have already been chosen for one month. Joanne Soo and Lavonna Hawkins will contact all the registered walkers as of March 2020 to ask if they would like to be included in the lottery. Those that agree to be in the lottery will be entered in the lottery to be chosen by the staff and called to confirm their continued interest. If any of the chosen members decline a new person will be chosen until a total of ten is reached. The October registered group will begin October 6 at 9:30am.
- Forever Fit will be held on Wednesday and a Quilting class will be held on Thursday as soon as the details are worked out. Members may register to be in the lottery for only one of the two exercise classes, not both. This will allow for 20 members to have a regularly scheduled exercise program once a week.
- Debbie commented that the staff had many calls during the time that the center was closed and full time staff worked to coordinate DSCC staff needs for Meals on Wheels and other food activities. Members called for many different issues while staying home. Part time employee hours were cut during this time.
- Sitting and Knitting is done by appointment only.
- A Hot Dog Day for members will be held on Thursday, September 9 as a drive through pick up. Patty would like the group to volunteer to help. Joan and Lavonna volunteered.

- Likewise an ice cream drive through pick up will be held on Thursday, September 24. Lexington has donated all of the ice cream for the event. Volunteers are needed for this also.
- To date there is no plan for a Halloween party at the center. Suggestions for an event are welcome.

BBA – Benefit Access

A reduced rate is available for seniors who meet an income based requirement of \$40,000 annual income for train tickets , license plates and other benefits. Center staff can assist members to complete an application to apply.

Food Availability

There will be another Pop Up Market on Saturday, August 29, 2020 at Camera Park. The Senior Center and Village are involved in this market. It is for anyone who comes to the park during the time frame.

Patty is coordinating with DSCC staff for weekly meals pick up service for Seniors at the center. Five days of 3meals per day are put together for pick up every Monday. This is for DuPage county residents only and is advertized on line, via U Tube and other social media. Deliveries are also being done by Jeannine and the Police department. Other pandemic items are also being delivered to those who request them (masks, puzzles, and misc.)

Flu Shots

Flu shots will be given out at the Center on September 30 and October 14 by appointment only.

Sports Friday

Members who enter the center on Friday will receive a ticket to a raffle for gift cards if they wear sports apparel from any sport. This is a change due to altered pro sports schedules this unusual year.

The next meeting will be September 26, 2020 at 12:30pm.

The meeting was adjourned at 1:45pm

Respectfully submitted,
Joanne Soo